

Shannon “Dr. Shannon” Gulbranson B.S., D.C.

entrepreneur | coach | speaker | author | chiropractor



Dr. Shannon is the Founder and C.E.O. (Caring Empowered Owner) of *Healing Life Coaching, Inc.* and *Date Yourself Well C.A.M.P.* Her New York City based consulting company provides Life Coaching to individuals and corporations throughout the United States, Canada, and Australia. She is also an inspiring international speaker and bestselling author of *Date Yourself Well: The Ultimate Engagement Plan*.

Serving thousands of patients for over two decades in private practice, as well as one of the leading cancer hospitals in the world, she has become an expert in engagement. She uses her experience as a healthcare and fitness professional, life coach, and entrepreneur to help individuals discover their *WELLTH*, and become fully engaged with who they are and the life they desire.

Dr. Shannon is on a mission to partner with those who desire **MORE** to become clear, fully engaged, and in love with their life + life's work so they can express **Hope + Energy + Awareness + Love**, doing what they love and inspiring others to do the same.

Her greatest honors are that of being mom to her beautiful daughter, a *Messenger of Hope* to those in need of healing, and empowering women of all ages to *Date Themselves Well*.